

# EMDR with Resistant Teens

Instructors:

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## You will learn:

- How to take an Attachment History
- How to take a Trauma History with Teens
- Mentalization

Includes video examples and demonstrations!

Teen clients who exhibit concerning problem behaviors are often a challenge for therapists who struggle to initially engage the teen in treatment and ultimately provide effective EMDR therapy. This workshop will address how to treat teens and their caregivers who have family relationship issues, attachment wounds, and a history of complex trauma. Participants will learn innovative methods and considerations within all the phases of EMDR such as how to engage the client and full family system while healing the client's early attachment wounds. Videos from clinical sessions will depict intervention methods.

## EVENT DETAILS

# JANUARY 13-14, 2026

## LIVE WEBINAR & ON-DEMAND

Program Fees:

\$275 Early Bird | \$315 After January 4, 2026

For more information & to register, [click here](#).

## CEUS

10 CE Hours (5 credits per day):

EMDRIA, Psychologists, ASWB ACE, NBCC.

